



## **Lindsay McHale**

will be speaking about

Music Therapy, its value and

its techniques

on

Saturday 25th February 2017 2.00pm until 4.00pm

at

## **Dulwich Hamlet Junior School**

Dulwich Village SE21 7AL

The main entrance in Dulwich Village is opposite the shops next to Calton Avenue. 5 minutes from North Dulwich Station.

A warm welcome is extended to all women, especially those who have been, or are in any field of education.

## Admission free

If you would like to attend please contact:

Liz Day on mobile: 07786 333 066

Diana Bell on e-mail: dkg.info@yahoo.co.uk

## Music Therapy, its value and its techniques

Lindsay McHale will give a presentation on Music therapy and its benefits, with a demonstration of some of the techniques used.

Having read music at Oxford, Lindsay spent eight years in the music industry in a range of marketing roles before following her passion for music and people by undertaking a Masters course to train as a music therapist with **Nordoff Robbins Music Therapy** charity.

Since qualifying she has worked with client groups from babies to the elderly across a range of mental health, physical, emotional, learning and social difficulties in both NHS and Nordoff Robbins settings. Lindsay was Head of Music Services at Nordoff Robbins for seven years and has now joined **Music as Therapy International** as their U.K. and International Programme Manager.

She remains passionate about the range of benefits that music therapy and music making can bring to improve health and wellbeing.

The Delta Kappa Gamma Society International promotes professional and personal growth of women educators & excellence in education.

Further information about the society is available on these websites:

UK: www.dkggb.org.uk Europe: www.dkgeurope.org

Headquarters: www.dkg.org

Why not join us at our regular monthly meetings, or at our next State Conference, at the Devonport Hotel Greenwich on April 1st 2017, or at the European Regional Conference in Tallinn, Estonia, from 26th – 29th July 2017.